

MAY 2024

APPLE

Monday

Tuesday

Wednesday

Thursday

Friday



Breakfast 1
Sliced Banana Bread
Lunch
Whole Grain Super Pretzel with Cheddar Cheese Dipping Sauce and a Mozzarella String Cheese with Carrot Sticks
Fruit of the Day
Applesauce

Breakfast 2
Whole Grain Cereal
Lunch
Macaroni and Cheese, Garlic Toast and Fresh Broccoli
Fruit of the Day
Fruit Cup

Breakfast 3
Lunch
Fruit of the Day

6

7

8

9

10

Breakfast 13
Yogurt and Granola
Lunch
Chicken Teriyaki with Whole Grain Rice and Fresh Broccoli
Fruit of the Day
Apple

Breakfast 14
Whole Grain Bagel and Cream Cheese
Lunch
Chicken Tenders, Whole Grain Waffles and Carrot Sticks
Fruit of the Day
Orange

Breakfast 15
Sliced Banana Bread
Lunch
Chicken Nuggets, Whole Wheat Roll and Oven Baked Potato Wedges
Fruit of the Day
Applesauce

Breakfast 16
Whole Grain Cereal
Lunch
Beef and Cheese Nachos with Black Beans
Fruit of the Day
Fruit Cup

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Breakfast 20
Blueberry Muffin
Lunch
Orange Chicken with Whole Grain Rice and Edamame
Fruit of the Day
Apple

Breakfast 21
Mini Strawberry Bagels
Lunch
BBQ Pulled Turkey Sandwich with Oven Roasted Potatoes
Fruit of the Day
Orange

Breakfast 22
Sliced Pumpkin Bread
Lunch
Whole Grain Super Pretzel with Cheddar Cheese Dipping Sauce and a Mozzarella String Cheese with Carrot Sticks
Fruit of the Day
Applesauce

Breakfast 23
Whole Grain Cereal
Lunch
Macaroni and Cheese, Garlic Toast and Fresh Broccoli
Fruit of the Day
Fruit Cup

24

27

Breakfast 28
Waffle and String Cheese
Lunch
Teriyaki Beef Dippers with Whole Grain Rice and Edamame
Fruit of the Day
Orange

Breakfast 29
Sliced Banana Bread
Lunch
Cheeseburger with Fresh Broccoli
Fruit of the Day
Applesauce

Breakfast 30
Whole Grain Cereal
Lunch
Chicken Drumstick, Mini Cornbread and Oven Baked Potato Wedges
Fruit of the Day
Fruit Cup

31

